



Positive Parenting Program

Talking to Parents about the Positive Parenting Program

RAISING KIDS ISN'T ALWAYS EASY

You want the best for your family—to set up your kids up for success and create a happier, calmer family life. But when do you learn how to parent or how do you raise successful children?

- The Positive Parenting Program is a parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.
- The Positive Parenting Program is a preventative intervention with the main goals of increasing the knowledge, skills, and confidence of parents and reducing the prevalence of mental health, emotional, and behavioral problems in children and adolescents.
- **Common concerns of parents that attend Positive Parenting Program:**
 - How to manage minor misbehaviors such as not following instructions
 - How to manage tantrums
 - How to successfully parent with a partner
 - How to discipline appropriately
- **What do parents gain when they attend the Positive Parenting Program:**
 - Build a happy, healthier relationship with their children and families
 - Build a community with other parents in attendance
 - Learn new skills and tools to use every day
 - Learn how to stay calm and cope with stressful situations



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